

# Starting on Treatment: A Step-By-Step Guide for Patients and Caregivers

Rhythm InTune offers coordinated support for individuals starting on a Rhythm Pharmaceuticals treatment. This guide outlines the support provided to patients and caregivers throughout the treatment process and the steps you may expect.



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## Complete the Rhythm InTune Consent Form

- If you and your healthcare provider decide that a Rhythm Pharmaceuticals treatment is right for you, your healthcare provider will then fill out a prescription and ask you to complete the Rhythm InTune consent form.



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## Introduction Call with Rhythm InTune

- Your Rhythm InTune Patient Education Manager will be your dedicated point of contact throughout the process.
- Your Patient Education Manager will schedule an introductory call with you to get to know you and talk about the process for getting started on treatment.
- He/she will work closely with your healthcare provider's office and the specialty mail-order pharmacy (PantherRx) that is authorized to fill prescriptions for Rhythm Pharmaceuticals treatments.



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## Gaining Insurance Coverage

- Your Patient Education Manager will request a copy of your insurance card.
- Your Patient Education Manager will work with the specialty pharmacy (PantherRx) and your healthcare provider's office to determine treatment coverage by your insurance.
  - They will work together to ensure required documentation is submitted by your healthcare provider's office to your insurance company (including prior authorization and any necessary appeals).
- This process can take time. Your Patient Education Manager will update you as he/she works through the insurance process.



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### Getting Started on Treatment

- After the insurance approval is obtained, your Patient Education Manager will contact you to talk through the next steps of the process, including the next steps of your treatment journey.
- The specialty pharmacy (PantherRx) will call you to schedule shipment of the medication to your home.
- Once your shipment is scheduled, the specialty pharmacy (PantherRx) will schedule an injection training session with you.



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### Dose Titration

- After you start treatment, your healthcare provider will monitor you for the first few weeks and change your dose as needed to get to the right dose for you.
- The specialty pharmacy (PantherRx) will check in with you every 10 days during the titration period until you reach the target dose prescribed by your doctor.



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### Continued Support and Education

- Your Patient Education Manager will continue to provide you with education and support ongoing access to treatment throughout the entire treatment process.

**Your Rhythm InTune *Patient Education Manager* is your dedicated point of contact.**  
You will also communicate with the specialty pharmacy (PantherRx) for medication shipment, injection training, and medication titration.